

The University of Chicago Hwa Rang Do club presents

free

SELF DEFENSE

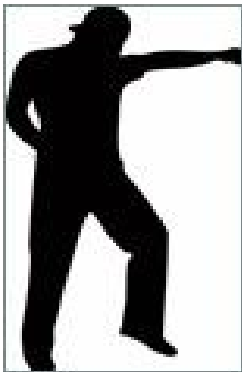
SEMINAR



Sat. Oct 7th

1:00 – 3:00 pm

Henry Crown Green Room



An introduction to practical self defense techniques

All welcome - no experience needed

just arrive at 1:00 to register & wear comfortable clothes

The seminar will be led by *Hwa Rang Do*

Jo Kyo Nim Paul Wetter

Instructor Wetter has over 20 years martial arts experience and currently teaches Hwa Rang Do and Tae Soo Do at U of C

Questions? E-mail dkusyk@gmail.com